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Jurnal Kesehatan Holistic is a scientific periodical Journal, managed by Lembaga Penelitian dan Pengabdian kepada Masyarakat Sekolah Tinggi Ilmu Kesehatan RS Husada Jakarta. It is published twice a year, January and July, with a minimum (5) articles in each publication. It publishes original articles, article reviews, case reports, and editorial. Jurnal Kesehatan Holistic is intended to be the journal for publishing articles reporting the results of research on Health Science field:

- | | |
|---------------------|--------------------------|
| 1. Nursing | 2. Midwifery |
| 3. Medicine Science | 4. Pharmacy |
| 5. Nutritionist | 6. Environment Health |
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📅 07-09-2023

We would like to announce that Article processing charges (APCs) / Article Publication Fee has an updated: 500000.00 (IDR) or 35 USD start from next issue January 2024

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Vol. 10 No. 2 (2026): Jurnal Kesehatan Holistic Volume 10/Nomor 2/July/2026

Jurnal Kesehatan Holistic with registered number ISSN [2548-1843](#) (Print) and ISSN [2621-8704](#) (Online). Jurnal Kesehatan Holistic is intended to be the journal for publishing articles reporting the results of research on Health Science field especially Nursing, Midwifery, Medicine Science, Pharmacy, Nutritionist, Environment Health, Physiotherapy, and Other health sciences. The submission process of manuscript is open throughout the year. All submitted manuscripts will go through the blind peer review and editorial review before being granted with acceptance for publication. Initially published in 2018, Jurnal Kesehatan Holistic has been using Open Journal System requiring all writers to register in advance before they are allowed to upload the manuscript they write online. Afterwards, the editors, peer reviewers, and writers can monitor the manuscript processing.

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Quality Of life, Family Support, Hemodialysis

Hana FEBRIYANTI



Efektivitas Penggunaan Ventilator Dalam Memperpanjang Hidup Pasien Menurut Pandangan Islam

Syifa Anisa, Arvi Aliviani, Athifah Aulia, Elsa Vita, Fatmaghita Setyoningrum, Karina Gayatri, Tedi Supriyadi, Akhmad Faozi



Comprehensive Care Model in Supporting Smooth Labor at RSPA Boyolali

Yanti Purnama



Mental Health in Gen Z : How Self-Esteem, Fear of Missing Out, and Bullying Affect the Subjective Well-Being of High School Students

Dian Fitria



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Case Reports

Intradialytic Stretching Exercise for Muscle Cramps in Young Adults Undergoing Hemodialysis: A Case Report

Dhea Natashaia, Erwan Setiyono, Rizki Nugraha Agung, Siti Nafisah , Laela Nur Adzmi, Siti Aisyah Afifah



Review

The The The Influence of Sedentary Lifestyle on Menstrual Disorders in Women of Childbearing Age

introduction, objectives, methods, discussion, conclusion.

Wiwik Lestari Kamatun

